

# SPECIFIC GUIDELINES PACK



This document acts as a guide to the specific considerations and undertakings for your potential record attempt and is to be used in conjunction with the **Guide to Your Evidence**, which outlines the evidence we require to verify the success of your record attempt. These guidelines should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your record attempt and **must** be followed. Should any part of these guidelines be contravened, your record attempt will be disqualified, without any right of appeal.

Additionally, these guidelines in no way provide any kind of safety advice and cannot be construed as providing any comfort that the record attempt is free from risk.

Guinness World Records accepts no responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that (a) all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and (b) you are in compliance with all applicable health and safety laws and regulations.

If you are organising a record attempt in association with an **alcoholic brand** you must seek explicit written permission in advance from Guinness World Records otherwise your record may not be approved. Without written permission, your record might not be accepted even if you have followed the guidelines. Please send your requests to Guinness World Records using the Correspondence section in your online application.

Finally, the provision of these guidelines in no way constitutes Guinness World Records' consent for you to undertake a record attempt. Any record attempt will only be considered to be authorised by us where you have signed our standard agreement in relation to record attempts.

# Greatest distance by pedal powered boat in 24 hours - flat water (individual)

## Record definition

- This record is for the greatest distance travelled by a pedal powered craft within 24 hours.
- This is to be attempted by an individual.
- This record is measured in kilometres to the nearest 0.001 km, with the equivalent imperial measurement also given in miles.

## Rules for Greatest distance by pedal powered boat in 24 hours - flat water (individual)

1. The attempt must take place on flat water or open still water.
2. Open still water is defined as a large body of open water not influenced by currents or tides of any sort.
3. A team of independent observers must be on hand at all times to record each lap completed or each checkpoint in a logbook. The time of starting and completing each lap or arriving and leaving the checkpoints must be recorded in the book and countersigned by the witness.
4. Record attempts on open courses must be followed at an appropriate distance by a vessel. At least one independent witness should be monitoring the record attempt from this vessel.
5. The rider may take as many breaks as he/she requires, but the clock does not stop for any reason.
6. Wash riding is not permitted during the attempt of this record. The attempt must be made under the kayak/canoists' own power only.
7. Any open water surface of suitable size (i.e. lake, river, ocean) may be used.
8. The design of the boat is irrelevant, the only requirement is that its only form of propulsion is provided by the occupant pedalling with his/her legs (the use of sails is not therefore permitted). It is immaterial whether the pedalling turns a 'paddle wheel', a propeller, or propels the boat in some other way.

## Rules for 'greatest distance covered in 24 hours on water' records

Please make sure ALL these rules are followed:

- a) No person under the age of 16 may attempt this record. Persons aged between 16 and 18 must be in possession of a document signed by their parent or legal guardian, giving them permission to compete. This must be added to the logbook (please see logbook requirements) and witnessed before the attempt has started.
- b) The event should take place in a public place or in a venue open to public inspection.
- c) This record is measured in kilometres to the nearest 0.001 km, with the equivalent imperial measurement also given in miles.
- d) The participant may take as many breaks as he/she wishes, but the clock must not stop at any time for any reason.
- e) The event is continuous. The clock does not stop. 24 hours means a complete 24-hour cycle

including rest breaks. For example, if the event starts at 10 am on Monday, it must finish at 10 am on Tuesday.

f) Two 'master' stopwatches must be started by the witnesses at the beginning of the event, and should be stopped by the witnesses at the end of the event. If the same people cannot witness both start and finish, arrangements must be made for it to be transferred between the start and finish witnesses. These 'master' stopwatches may not be carried by the participants on their journey. However, a separate stopwatch may be carried by the participants for their own reference if required.

g) The event must be made on one of the following three types of water course: a) a straight course marked out with a single line of buoys, with the challenger remaining on the outside of this line at all times. The length of the line must be accurately measured by a qualified surveyor. The record distance is then calculated by multiplying the number of completed laps by the length of the line; b) a circular/oval course marked out by buoys, with the challenger remaining on the outside of the circle at all times. The length of the line must be accurately measured by a qualified surveyor. The record distance is then calculated by multiplying the number of completed laps by the length of the line; c) between two or more physical landmarks. These landmarks must be immovable locations such as a port, harbour or island. These points must not be buoys or map co-ordinates. The distance between the points must be accurately measured by a qualified surveyor. The record distance is then calculated by multiplying the number of completed laps by the length of the line between the two points. In addition, it is necessary to declare prior to the record attempt all these points, and only completed legs between any two points will be eligible for inclusion in the total distance.

h) The water course to be used must be pre-approved by Guinness World Records before the attempt begins.

i) The challenger may be followed by a support team, but at no time may she or he board the support vessel. If the support vessel is boarded the attempt will be deemed to have ended.

## INDEPENDENT WITNESS REQUIREMENTS

- The role of an independent witness is to confirm that they observed the claimant undertaking the record attempt in the manner set out by the guidelines. Independent witnesses must be made aware of all specific guidelines in order to confirm that all have been adhered to.
- There must be two independent witnesses present at all times. Independent witnesses must work in shifts of no longer than four hours throughout the attempt. The final two witnesses at the attempt are responsible for reviewing the statements of previous witnesses to determine the final record outcome/total.
- A witness book must be made available for independent witnesses to sign. The book should be set up so that each witness includes their name, the location, the date and time, their signature and their email address or phone number. For an attempt which is supported by a backup team, we would expect it to be possible to gain sufficient numbers of independent witnesses to enable verification for the entire duration of the attempt.
- In addition to the witness book, witnesses must complete witness statements. The template for these can be found in the Your Guide to Evidence document.

## LOG BOOK REQUIREMENTS

- The independent witnesses should record all event details in a logbook containing precise

start and finish times, lap times where appropriate, and calculation of daily and total distances travelled. All rest breaks or stoppages for whatever reason must also be fully detailed in the log.

- Entries must be made at least every hour to document what has been achieved during the preceding hour.

Please make sure you supply the following evidence:

- One cover letter explaining the context of the record attempt. Please indicate the date, time and exact location of the record attempt, your chosen witnesses and your record attempt measurement. Also please provide full details of the person(s)/organisation attempting the record including details on the preparation for the attempt.
- Confirmation of the type of water course used and the length of the course must be provided in the form of a surveyor report or GPS data as detailed above. If GPS tracking is used to confirm the distance, .kml files must be sent as part of the evidence. It is essential that these .kml files must include the timestamped route and the distance covered. A printout of the GPS data must also be submitted.
- A witness log book as described in “Witness Requirements”.
- Independent witness statements confirming the record results. The witnesses must list the points that they have verified during the attempt, the times they were present and what they observed during their shift. The final two witnesses at the attempt must include the final record outcome/total in their statements.
- A Log book as described above in “Log Book Requirements”.
- Photographic evidence of your attempt taking place capturing the details provided by the independent witnesses.
- The entire attempt should be filmed. For times up to one hour, we expect the entire attempt to be submitted on video. For events longer than this, a 'highlights package' will be acceptable but must include the following points: A) Footage of the start of the attempt; b) Two minutes footage every hour; c) Any points where the claimant takes a break - a clock or timer must be visible on screen, but not the camcorder's own time display; d) The point at which the record is broken, and e) The end of the attempt.
- Schedule 2 should be signed by you when you are sending in evidence which you either own or have permission to allow Guinness World Records to use.
- If you include any photographs or video in your evidence which you do not own or have permission to allow Guinness World Records to use, then you must include Schedule 3.
- Media articles (newspaper, online, TV or radio) can be submitted as part of the evidence requirements. This is not compulsory evidence.

Please read the Guide to Your Evidence document, where you will find further information about the evidence requirements and evidence templates. It is paramount this document is read before you submit your evidence.

## **Evidence checklist**

- Gps data (.kml files)
- Surveyor's report
- Witness statements
- Witness log books

- Log book
- Video evidence
- Schedule 2 (signed)
- Schedule 3 (signed)
- Media articles
- Cover Letter
- Photographic Evidence